

Sonntagsklassen

August & September 2024



Alle Klassen sind für alle Level geeignet. (E) = auf Englisch
All classes suitable for all levels. (E) = in english

DATUM	ZEIT	STIL	TEACHER
4. August	11:00	Slow Vinyasa (E)	Charlotte
	17:45	Gentle Hatha	Rahel
11. August	11:00	Vinyasa	Laura
	17:45	Yin	Joana
18. August	11:00	Slow Vinyasa	Nora E.
	17:45	Yin	Lea
25. August	11:00	Hatha (E)	Nora P.
	17:45	Slow Vinyasa & Yin	Joana
1. September	11:00	Slow Vinyasa	Nora E.
	17:45	Yin (E)	Joana
8. September	11:00	Slow Vinyasa	Nico
	17:45	Gentle Hatha	Rahel
15. September	11:00	Vinyasa (E)	Eva
	17:45	Yin	Lea
22. September	11:00	Hatha	Nora P.
	17:45	Deep Relax	Eva
29. September	11:00	Slow Vinyasa	Nora E.
	17:45	Yin (E)	Patrizia