

Sonntagsklassen

August & September 2023



Alle Klassen sind für alle Level geeignet.
All classes suitable for all levels.

DATUM	ZEIT	STIL	TEACHER
6. August	11:00	Slow Vinyasa	Pascal
	17:45	Gentle Hatha & Meditation (E)	Anya
13. August	11:00	Slow Vinyasa (E)	Anika
	17:45	Yin	Nora P.
20. August	11:00	Vinyasa	Rahel
	17:45	Gentle Hatha & Nidra (E)	Anika
27. August	11:00	Slow Vinyasa	Lea
	17:45	Yin (E)	Charlotte
3. September	11:00	Vinyasa	Eva
	17:45	Slow Vinyasa & Yin	Ladina
10. September	11:00	Slow Vinyasa	Nora E.
	17:45	Yin (E)	Nico
17. September	11:00	Vinyasa	Rahel
	17:45	Hatha & Yin	Nora P.
24. September	11:00	Vinyasa	Lea
	17:45	Yin	Pascal

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